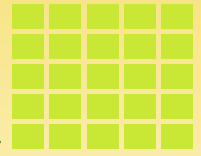


VISION
Zorba the Buddha



TRIVIR PUBLIC SCHOOL

Sponsored by Osho Siddharth Foundation



Redefining Education with Yoga & Spirituality

OUR PATRONS



PARAMGURU
OSHO



OSHO SIDDHARTH



OSHO SHAIENDRA



MA OSHO PRIYA

Zorba the Buddha

Zorba is beautiful, but something is missing. The earth is his, but the heaven is missing. He is earthly, rooted, like a giant cedar, but he has no wings. He cannot fly into the sky. He has roots but no wings....Similarly Buddha is incomplete. Something is missing without the Zorba, hence Zorba the Buddha is the ultimate synthesis.



Our Trustees



Mrs. Bela Kapur
Indira Gandhi &
President award winning Principal (Retd.)
Chairperson



Er. A.K. Singh
Managing Trustee



Committed
to
Excellence



Dr. Seema Rashmi
Gynaecologist
Trustee



Dr. S.P. Yadav
Retd. Vice-President
Netarhat School
Trustee



Message

Modern education needs a synergic approach. So far it is confined to enquiry, knowledge, information, achievement and skill to make a Zorba, the symbol of worldly rich person. But enquiry is incomplete without quest. Knowledge is incomplete without wisdom. Information is incomplete without innovation. Achievement is incomplete without empowerment.

Synergy of the two will make Zorba the Buddha, the visionary character of Osho, a complete human being synergizing materialism with meditation, science with spiritualism, art with awareness, technology with thrill and skill with Yoga.

Our students must learn that interdependence is higher than independence. Sharing is higher than acquisition. Love is higher than revenge. Life is higher than events. Laughter is higher than logic. Winning hearts is higher than winning a race. Working for excellence is higher than working to be the best. Harmony is higher than hatred. Culture is higher than civilization. Feeling is higher than thinking. Soul is higher than mind.

Our teachers must be a source of inspiration rather than a source of only knowledge. They must teach wisdom rather than only course material. They must celebrate rather than impose only discipline. They must encourage rather than only value. They must support rather than

criticize. They must practice rather than only preach. They must be a model rather than being only moralistic.

Let the environment of the school be pleasant rather than serious, playful rather than pressing, serene rather than serious, expressive rather than suppressive, creative rather than traditional. In addition to preparing the students for competition let there be enough of music, singing, dancing, drama, debate, fine arts and cultural bonanza.

Trivir Public Schools (TPS) are being launched with above objective in view. I am happy that the first TPS is being established at Karma, Bihar at my native place. I cannot imagine a greater gift by my people to my village of birth.

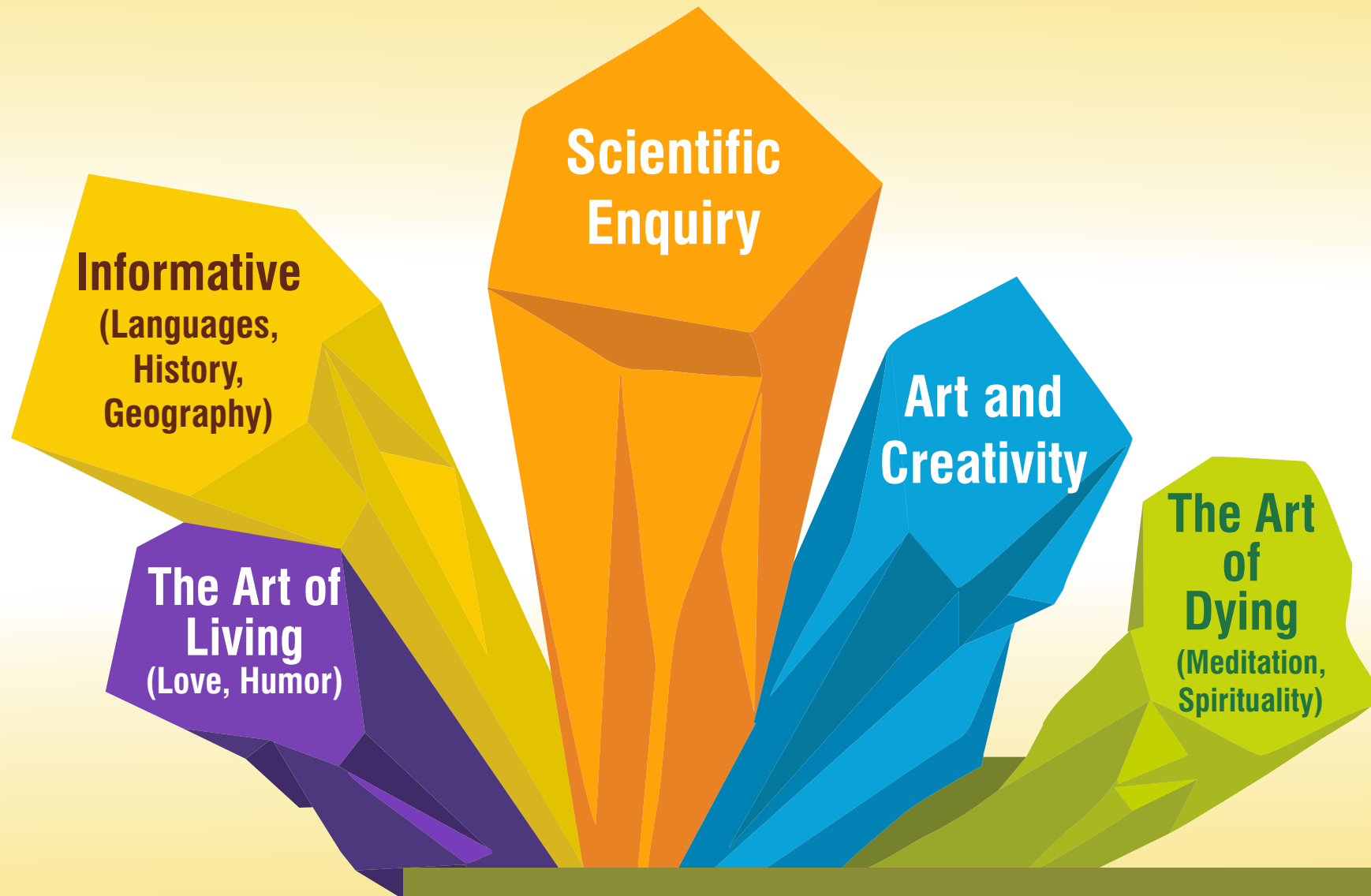
I have visited many beautiful places in the world. But I have never seen a more beautiful sunrise anywhere else. I earnestly hope that this new sunrise of TPS will be equally unparalleled rising from the horizon of education.

I myself had privilege to be educated at Netarhat School, the best residential Senior secondary school in India even today. It still remains ideal for me. But there is nothing which cannot be bettered. I expect TPS to benchmark it and stretch its wings far above in the sky.

.... Osho Siddharth



TPS - Five Dimensional Education



Trivir Public School (TPS)



TPS - Five Dimensional Education

The prime objective of any school is to make aware and decent citizens through distinguished and instinctive vision. A school develops the supreme assets and future human resources of the nation all the time. It enables and assists a child to educate, to develop intellectual pursuits, moral values, aesthetical, cultural and practical capabilities leading to free growth as a complete 'human being' treasuring high order of behaviour and creativity. In accordance with "Osho's

vision" of five dimensional education, revolution in the field of education can only be brought into existence by following five proposed dimensions. They are :

- (i) Scientific Enquiry
- (ii) Informative (Languages, History, Geography)
- (iii) Art of creativity
- (iv) Art of Living (Love and Humor)
- (v) Art of Dying (Meditation and Spirituality)

Today's education system is biased and full of



flaws. It is a confused one and confined to science and information only. Even arts and creativity are given lower preferences while art of living and art of dying are almost ignored. Love and humor together induce new rays of hope to live life well. However, meditation and spirituality lead to a lively and blissful life. Newer possibilities must be accepted wholeheartedly to save ourselves and the planet



water channel adjoining school

earth. Scientific inquiry is the process of active exploration using knowledge, imagination and reasoning.

Minimum three languages are to be learnt : Mother tongue, National language and English, the last one as an international vehicle for communication, creating universal brotherhood.

The Third Dimension of education i.e. the art of creativity like painting, music, craftsmanship, pottery and masonry

should be adopted to make the life meaningful. A man becomes the part of existence only when he learns how to create.

Art of living, the Fourth Dimension, is often ignored in the present-day education system. Love and humor are part and parcel of life. They are to be learnt and practised by every child to transform anger, hatred, malice, jealousy into love and affection.



The Fifth Dimension of education concerns meditation and spirituality which make the life complete. Meditation reveals the profound truth that there is no death; it makes human beings aware of an eternal life inside them. One should not dread death. Meditation acts as panacea leading humankind to Zen, to Tao, to Yoga to all possibilities that have existed.



TYP - Trivir Yoga Programs

The world has given unprecedented respect to the Indian tradition of Yoga by declaring 21st June as the 'International Day of Yoga'. Now, the responsibility of the Indian Yogacharyas has increased. Continuing the vibrancy of Yoga and presenting the right picture of Yoga to the whole world is now our moral responsibility.

Yoga has been confined to posture (Aasan), breathing exercises (Pranayam) and physical exercises only, in today's world, and up to a great extent in India as well. But the fact is that all these are a part of 'Yoga of Breathing' (Hatha Yog), which is only 10% of Yoga.

Eight centres are described in Yoga – Root Centre (Muladhar Chakra), Sacral Centre (Swadhishtan Chakra), Navel Centre (Manipur Chakra), Heart Centre (Anahat Chakra), Throat Centre (Vishuddha Chakra), Third-eye

Centre (Agya Chakra), Crown Centre (Sahasraar Chakra) and Moon Centre (Som Chakra).

Every centre is connected to some level of consciousness and a special Yoga. Root centre is connected to the body and 'Yoga of Action' (Karma Yoga). Sacral centre is connected to the senses and 'Yoga of Senses' (Tantra Yoga). Navel centre is connected to the life force (breaths) and 'Yoga of Breathing' (Hatha Yoga). Heart centre is connected to the heart (sub-conscious) and 'Yoga of Devotion' (Bhakti Yoga). Throat centre is linked to the mind and 'Yoga of Wisdom' (Gyan Yoga). Third-eye centre is connected to the being (Amness, Asmita) and 'Yoga of Awareness' (Dhyan Yoga). Crown centre is connected to the Subjective consciousness (soul) and 'Yoga of Suchness' (Sankhya Yoga). Moon centre is connected to Omkar (Godliness) and Yoga of Universal Consciousness (Sahaj Yoga). The description of all these types of Yoga is given in the Vedas, Upanishads and the Gita.

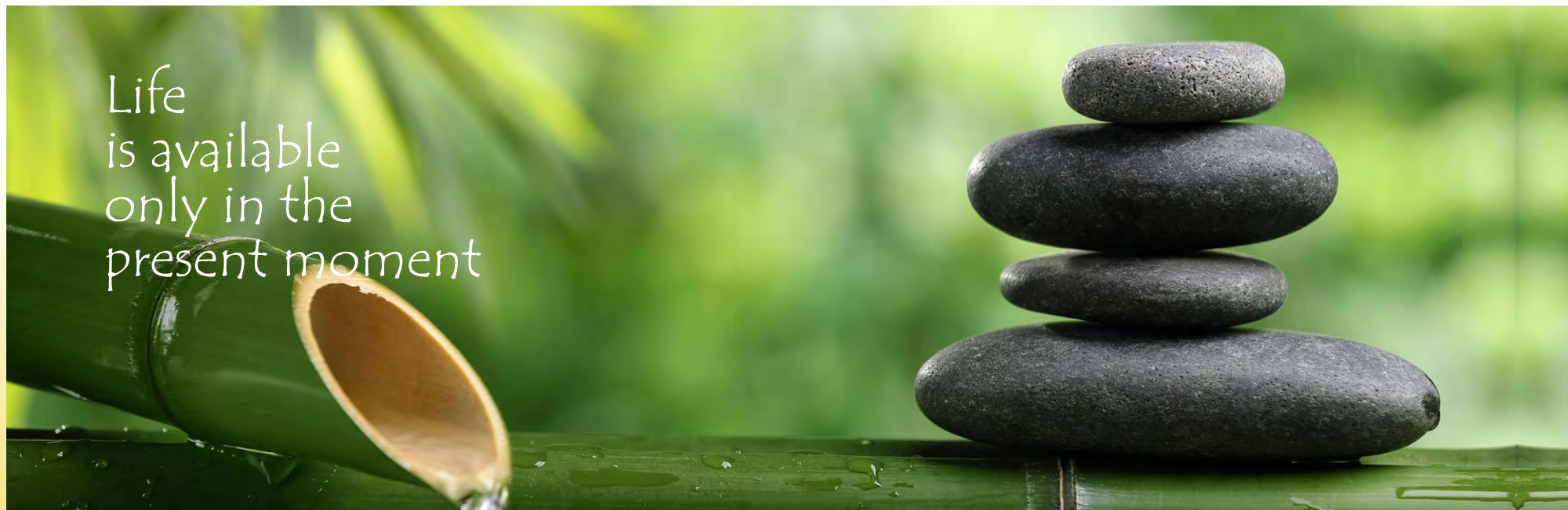


Sahaj Yoga includes Yoga of Divine Sound (Surati Yoga), Yoga of Divine Light (Nirati Yoga), Yoga of Divine Elixir (Amrit Yoga), Yoga of Divine Peace (Ajapa Yoga), Yoga of Divine Energy (Urja Yoga), Yoga of Divine Experiences (Divya Yoga), Yoga of Divine Consciousness (Chaitanya Yoga), Yoga of Divine Bliss (Anand Yoga), Yoga of Divine Love (Prem Yoga), Yoga of Non-duality (Adwait Yoga), Yoga of Absolute Freedom (Kaivalya Yoga), Yoga of Salvation (Nirvaan Yoga) and some other types beyond them.

Today, when the politics is dominating our life, the whole world must take refuge of Yoga for eternal blissfulness. In this backdrop, the decision of the Government of India to include Yoga in the syllabus of schools and colleges is revolutionary and appreciable.

Osho Siddharth Foundation (OSF) has developed 7 levels of Trivir Yoga Programs (TYP-1 to TYP-7) for this, which it is going to implement in its affiliated schools from the next session. Other schools and colleges can also take advantage of this curriculum. Every level is of 6 days each and is sequential. This means that the students can participate in the higher level of program only after completing the lower level of program.

After completing the 7th level of the program, i.e. TYP-7, the students will be admitted to the 8th and other 20 higher levels of programs of Oshodhara (visit www.oshodhara.org.in) which are organized on a regular basis at various Oshodhara centres.





SYLLABUS

Level	Program	Syllabus
TYP-1 Std. VI	Yoga of Divine Awareness (Dhyan Yoga)	Eight fold Parth of Lord Buddha, Meditations (Kundalini, Rebirth, Leela, Dynamic, Sanjeevani, Vipassana, Anapansati Yoga, Brahmanaad, Suprabhat, Who am I), Divine Sound, Ajapa Jap, Ajapa Sumiran, Ajapa Samadhi
TYP-2 Std. VII	Yoga of Divine Sound (Surati Yoga)	Divine Sound Remembrance Yoga, Preeti Yoga, Anapan Sati Yoga and Yoga Mudra Chikitsa (Knowledge of 45 Yoga Hand-Postures).
TYP-3 Std. VIII	Yoga of Divine Light (Nirati Yoga)	Divine Light Remembrance, Darshan Yog, Aalok Yog, Shivnetra Yoga, Thrilled living, Tree-viewing, Bird-viewing, Right Living, Right Wisdom, Right Spiritual Practice, Right Diet, Right Relaxation and Right Treatment
TYP-4 Std. IX	Yoga of Divine Elixir (Amrit Yoga)	Divine Elixir Remembrance Yoga, Beyond-death Experience Yoga, Yoga Nidra, Tathata Yoga, What is Friendship? Right Respect, Right Responsibility, Right Appreciation, Right Generosity, Right Forgiveness and Right Wellness
TYP-5 Std. X	Yoga of Divine Consciousness (Chaitanya Yoga)	Divine Peace Remembrance Yoga, Suchness Remembrance Yoga, Ajapa Yoga, Hypnotism Yoga, Health Yoga, Splendor Awareness Yoga, Relationship Yoga, Right Service, Right Prayer, Right Acceptance, Right Shelter, Right Surrender.
TYP-6 Std. XI	Yoga of Divine Energy (Urja Yoga)	Divine Thrill Remembrance Yoga, Power Yoga, Hypnotism Yoga, What is Hansatva (Astuteness)? Right Priority, Right Start, Right Effort, Right Behaviour, Right Cooperation, Right Thrill, Leadership and Right Discretion.
TYP-7 Std. XII	Yoga of Divine Experiences (Divya Yoga)	Divine Wellness Remembrance Yoga, Madir Yoga, Fragrance Yoga, What is bondage? Liberation from Desires, Anger, Greed, Attachment, Jealousy and Hatred. What is Salvation?



FACULTY - COMMITTED TO PERFORMANCE

Our faculty inspires values, culture, success and knowledge all resulting into wisdom. Teachers of TPS are from various corners of India. They are highly qualified and trained to exude love for profession. Senior teachers for classes XI & XII are from IITs & NITs. Teachers for primary and secondary classes are postgraduates with abundance of experience of teaching in reputed schools of India, behind them. They are sensitive to the fact that students have different learning styles. When feasible they try to identify and use appropriate learning materials, pedagogy and strategy suitable to requirement. Individual differences and needs are recognized and the learning environment is tailored to motivate and challenge all our pupils.

Teachers organize theme weeks in school for Science, Maths, Languages, Sports and Music to promote opportunities for learning in a broad and balanced curriculum through the year. Students are exposed to strategies for learning, for remembering and for applying what they have learned. For every 15 students there is a teacher, a high student teacher ratio for the benefit of students by any standard.



Teachers in TPS communicate interest and caring to students both verbally and through such non-verbal means as giving undivided attention, maintaining eye contact, smiling and positive body language. They encourage students to develop a sense of responsibility and self-reliance. For every five students there is a teacher to guide during prep time. It is a form of parenting and taking care for the boarders.

Truly, teachers foster positive teacher-student and student-student relationships through use of cooperative learning strategies. They are a true friend, philosopher and guide.



Facilities - Inspires Involvement and Desire for Success

Air-conditioned Physics, Chemistry, Biology, Maths, Social Science and Language Lab.

All the labs are spacious, well-lit, scientifically designed and air-conditioned. Maths Lab is equipped with a rich array of books based on Ancient, Modern Maths and Mind Teasers. These labs are the place where students can stretch their kinetic, mechanical and electronic imagination, perfect their chemical inferences, nurture their biological knowledge, perfect their language of emotions and expressions and chisel them to perfection.

Learning Support Centre

It offers individual counseling and support to those students who find it difficult to learn in a standard classroom environment, due to academic, social, emotional or behavioural reasons. The staff within the Centre, led by the Academic Counselor, work with the student, their parents, teaching and support staff in order to ensure maximum support for the individual. Coaching by expert faculty for facing NTSE, IIT JEE, PMT and NDA exams is provided by this Center right from Class IX.

In-Campus Principal and Teachers accommodation

Principal and teachers are provided accommodation in the campus thus allowing ample opportunities for constant interaction with students. This allows every student to have individual interaction with the faculty, leading to complete development.

Wi-Fi enabled connectivity

The school has wireless computer labs for ultimate experience of internet world and knowledge. The entire campus is Wi-Fi enabled. Students can log on to the network and interact with their teachers online.

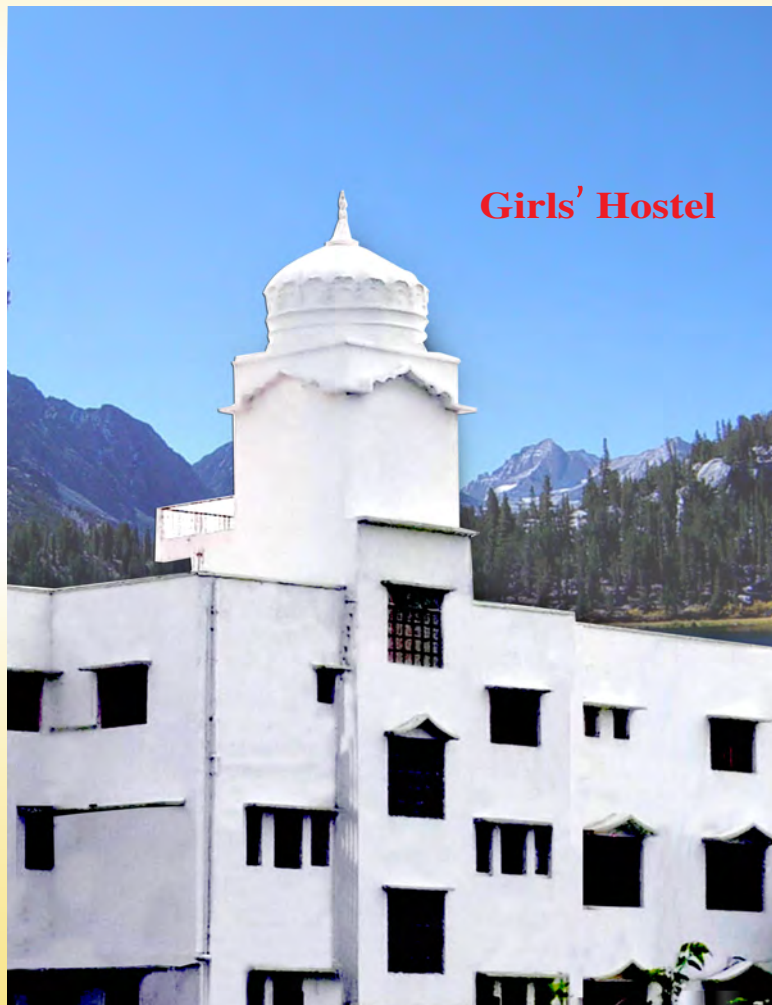




Facilities - Inspires Involvement and Desire for Success

Comfortable Hostel Accommodation

Separate complex for boys and girls hostel is provided with quality facilities. Common room with reading and television facility is provided. Special care is taken to make boarders feel at home.



Girls' Hostel

Modern & Hygienic Kitchens for Nutritious and Hygienic meals

Modern and totally hygienic kitchen and dining hall is made available to provide healthy meals for the students. The kitchen is run under the supervision of qualified and trained Management Staff and a Dietician for proper menu planning.

Physical Development Centre

The center consists of yoga and sports facility like badminton, volleyball, basket-ball, table tennis, cricket, football and hockey field.

Electronic Surveillance and RFID Based Access Control System in entire campus.

Electronic surveillance system is installed for the security of students. Entire campus is monitored round the clock through camera and other security gadgets.

Transport Facility

School provides transport facility to all routes.

100% power backup

The entire campus has power backup facility through soundless Generators, in case of non-supply or shut down of electricity.

Medical Centre

A trained nurse round the clock and a Specialist Doctor on call is available to students in the campus.



TPS - Rules & Regulations

1. Fee once paid is neither refundable nor transferable under any circumstances.
2. Regularity, Punctuality and Sincerity towards academics and high sense of discipline are to be maintained by students at all times.
3. Leave without grant by the concerned authority is to be treated as an indiscipline act on the part of the concerned students for which fine might be imposed.
4. Students are asked to keep high order of ethical essence in their attitudes and behaviors.
5. Students are not allowed to possess cellular phones/bike/sharp instruments/transistor with them.
6. Students are asked to take all the examinations which include periodical as well as self evaluation class tests at regular intervals.
7. Strict disciplinary action will be executed for breaking any of the rules and regulations of the school which are devised in the interest of students and school as well.
8. Students are not permitted to indulge themselves in politics at any cost.
9. Students should maintain cordial relationship with faculty members/ground management staff and with their colleagues.
10. Regular contact for any kind of can be made with the officials.
11. No other persons are allowed to meet any student except parents/guardians and authorized local guardians.
12. Students are allowed to make contact with their parents only on authorised dates/days finalized by the school authorities.
13. Decision of the management is to be considered final by all means.

TPS - Admission Procedures

Prospectus and Admission Forms are available for admission to Nursery to Class VIII, Students for Nursery to Class I are selected on basic guidelines prepared by the Hon'ble Court and for Class II to Class VIII, a written test is conducted followed by an interview. Hostel accommodation is available from class III onwards.

Date for tests / observation and interaction will be intimated to the parents. However, the same may be changed without prior notice by the school administration. Completely filled-in forms along with photocopy of birth certificate, registration fee and a self addressed envelope are to be submitted to TPS. Address is given on the back cover page.

The final list of selected students will be displayed in the Administrative Office and at the school.

website-www.tps-karma.org



Boys' Hostel

TRIVIR PUBLIC SCHOOL

Oshodhara Sahjanand Dham, Village & Post- Karma, Dist - Rohtas, Pin - 802212 (Bihar)

Ph : 09006738704, 09431214985 **Email :** info.osips@gmail.com **Website :** www.tps-karma.org